

Methylcobalamin B12	Slim Shots
Supports the sleep-wake cycle	Vitamins B-1, B-2, B-3, B-5, B-6 Super –charged methylcobalamin Vitamin B12
Increases energy, prevents fatigue	Choline supports the health of the liver in its processing and excretion of chemical waste products within the body. It is required for the transport and metabolism of fats and cholesterol within the body, which supports the endocrine, Cardiovascular and liver systems.
Enhance liver function and increase the flow of fats and bile from the liver and gallbladder	Methionine is one of the amino acids important for many bodily functions. It acts, as a lipotropic agent to prevent excess fat buildup in the liver and the body, is helpful in relieving or preventing fatigue
Detoxification, especially of protocols for detoxification of brain tissue	Vitamin C
Supports synthesis and function of nerve tissue	Inositol aids in the metabolism of fats and helps reduce blood cholesterol. Inositol participates in action of serotonin, a neurotransmitter known to control mood and appetite.
Proven beneficial for depression and panic disorders	Helps most chronic conditions such as High Blood Pressure, Diabetes, High Cholesterol, Heart Failure, Fibromyalgia, Chronic Fatigue, Obesity, NASH, Fatty Liver, etc.

Diet by Design's B12 and Slim Shot injections increase energy and weight loss in a safe manner. These injections are recommended to be used on a weekly basis for at least three months and then can be taken monthly to help encourage weight loss along with a healthy diet and exercise plan. It is absolutely necessary that a healthy, low carbohydrate diet and regular exercise be used with the Slim Shot injections to experience significant weight loss. Most patients will increase their losses by a minimum of 30%. It has been reported that even patients who do not make any dietary changes enjoy an optimal 5-pound weight loss per month. That's 60 pounds a year!

Can I take the injection along with other weight loss medicines?

Yes. Most people find that Slim Shot injections along with a sensible diet and regular exercise are all they need to achieve maximal weight loss and energy levels. However, if you are looking to turbo-charge your weight loss, it is safe for use with any of the other weight loss medications.

Are there any side effects?

No serious side effects have been reported. Tingling or a slight burn at the injection site is sometimes reported. As with any injection, there is a tiny chance of bleeding or infection at the injection site. Frequently patients experience slight bruising at the injection site. We apply a topical gel after each injection to reduce the chances of bruising. Please let us know if you experience any other reactions.

How often should I get an injection and for how long should I continue them?

Our medical team advises that you receive one to two injections per week. Most authorities recommend a 3-month course of injections for optimal results. It is completely safe to continue the injections as long as benefits continue.

Does my medical condition prevent me from taking the Slim Shot injection?

Slim Shot injections are safe in virtually all medical conditions.

B12 and Slim Shot Hours

Monday	9:30 a.m.-12:30 p.m.	2:00 p.m.-6:00 p.m.
Tuesday	9:30 a.m.-12:30 p.m.	2:00 p.m.-6:00 p.m.
Wednesday	9:30 a.m.-12:30 p.m.	2:00 p.m.-6:00 p.m.
Thursday	9:30 a.m.-12:30 p.m.	2:00 p.m.-6:30 p.m.
Friday	9:30 a.m.-12:30 p.m.	2:00 p.m.-4:00 p.m.

Patient Consent Form

I, _____, understand that any medical treatment may involve risks as well as the proposed benefits. I have read and understand the ingredients of the products being administered to me, and I consent to treatment. I do not have allergies to the above listed medications. My signature hereby affirms that I have fully and completely read, understand, and agree to this waiver and release and all contents thereof.

Print Name: _____ Patient Signature: _____ Date: _____

Diet by Design Representative: _____